

HOME ENERGY ASSISTANCE PROGRAM (HEAP)
CHECKLIST OF ENERGY EFFICIENT PRACTICES

TO KEEP WARM DURING THE WINTER AND TO MAKE SURE YOUR FURNACE OPERATES EFFICIENTLY:

- X Put on extra layers of clothing.
- X Keep furnace thermostat set at 68° degrees or lower during the day.
- X Turn the furnace pilot off in the summer time.
- X Never use your oven or range to heat your home.

TO AVOID WASTING HOT WATER:

- X Take short showers rather than baths.
- X Use cold or warm water rather than hot water whenever possible.
- X Set the hot water heater at 120° degrees or medium.
- X Turn the gas hot water heater to pilot or the electric water heater to off whenever your home will be vacant for more than two days.

IF YOU HAVE ANY PROBLEMS WITH YOUR GAS HEATING APPLIANCES, CALL THE GAS COMPANY. THEY WILL CHECK YOUR APPLIANCES AT NO CHARGE.

TO SAVE ON THE COST OF COOKING:

- X Don't preheat oven because ovens reach the right temperature quickly.
- X Never open the oven door during the cooking process.
- X Cover pots and pans when cooking. It helps keep heat in and allows food to cook faster.

TO KEEP COOL DURING THE SUMMER:

- X Keep inside shades and draperies closed during the day to keep the sun out.
- X Set air conditioner temperature at 78° degrees or medium.

TO SAVE MONEY EVERYDAY OF THE YEAR:

- X Turn off all lights when not in use.
- X If you leave a room for more than 5 min., turn off the lights.
- X Don't leave the refrigerator door open any longer than absolutely necessary.
- X Keep refrigerator defrosted so it will work more efficiently.
- X Put full loads in washer and dryer, using cold water wash and rinse most of the time.
- X When using a dishwasher, only wash full loads and let the dishes air-dry.
- X Turn off appliances when not in use.